



PROJECT NAME: Udolo wanga SRHR project

IMPLEMENTING ORGANIZATION: YDC Theatre

SUPPORT: HIVOS SRHR Fund

Thematic area	Issues	Communication objective	Message	Communication Channels
Access to information and services on SRHR	Limited access to accurate information and services on SRHR	<ul style="list-style-type: none"> To advocate for an enabling environment where youth access accurate information and services on SRHR To increase access to comprehensive sexual education and SRHR information among young people To encourage stakeholders to disseminate SRHR 	<ul style="list-style-type: none"> Azaumoyo ndi udindo wathu kupereka uphungu okwanila wa njira za kulera kwa achinyamata Kodi aise ukudziwapo chani pa nkhani ya za ubereki wabwino ndi kulera? funsa a zaumoyo kuti udziwe zambiri. 	<ul style="list-style-type: none"> Social media Music Community theatre performances



		<p>information and services to SRHR. the youth.</p>	<ul style="list-style-type: none">● Adindo tisaleme pogwila ntchito yophunzitsa achinyamata nkhani za umoyo, kugonana ndi ubereki.● Adindo titengepo mbali popereka uthenga wa zotsatira zogonana ndi ubereki kwa achinyamata.● Adindo tionetsetse kuti uthenga wa ufulu wa umoyo, kugonana ndi ubereki ukufikila achinyamata kuma dela onse.	
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	<p>Lack of interest among the youth to acquire information and services on SRHR</p>	<ul style="list-style-type: none"> ● To re-emphasize the importance of SRHR to youths in services. ● To capture the interest of the youth, highlighting the importance and benefits of SRHR knowledge and services. 	<ul style="list-style-type: none"> ● Wachinyamata sachita manyazi pofusa za nkhani za ubereki ndi zogonana. ● Mphwayi ndi tsoka achinyamata tisafooke tiyeni tikafunse azaumoyo kuti tidziwe zambiri zokhudza njira za kulera komanso maufulu ankhani zogonana. ● Kuyaza njira za kulera ndi dhilu. ● Kudziwa njira za kulera ndi zotsatila za kugonana mosadziteteza ndi dhilu. 	<ul style="list-style-type: none"> ● Social media ● Music ● Community theatre performances
	<p>Religious beliefs restrict conversations on SRHR amongst the youth</p>	<ul style="list-style-type: none"> ● To demonstrate the compatibility of SRHR discussions within a faith-based context. 	<ul style="list-style-type: none"> ● Amipingo tikondeni potiuza za kulera tili ndi ufulu. 	<ul style="list-style-type: none"> ● Social media ● Music ● Community theatre performances



			<ul style="list-style-type: none">● Achipembedzo timasukilane ndi mpingo wathu pa nkhani za zakulera● Achipembedzo ndi a zaumoyo tigwire ntchito limodzi palimbikitsa uthenga wa njira za kulela● Mauthenga okhudza umoyo, kugonana ndi ubereki susiyana umakhudzananso ndi malemba muzipembezo zosiyanasiyana, tiyeni tikambilane za izi mwaulemu komanso molemekezana.● Paja baibulo limati konda mzako mmene	
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			uzikondera iwe mwini, tiyeni tithandizane pophinzitsana za ubwino odziwa za umoyo wabwino, ubereki komanso zogonana.	
	Inconsistent outreach clinics because of resources i.e. finances.	<ul style="list-style-type: none"> To advocate for adequate resources towards health services specifically SRHR services. 	<ul style="list-style-type: none"> Boma ndi udindo wathu kuonetsetsa kuti a chipatala akukhala ndi zipangizo zokwanila pa ntchito yopeleka uthenga komaso thandizo la ubereki ndi kulera. Ngakhale kuli kutali koma Kuli achinyamata kawadziwitseni za ufulu wa umoyo, kugonana ndi ubereki. 	<ul style="list-style-type: none"> Social media Music Community theatre performances



	<p>Health officials' prejudice towards youth seeking SRHR services</p>	<ul style="list-style-type: none"> To emphasizing the importance of health workers in understanding and respecting the unique needs of young people. 	<ul style="list-style-type: none"> Azaumoyo ndiphunzitseni njira za kulera mosandiweluza. Azaumoyo aphunzitseni ana zakulera osandiweruza. Adindo, mukapanda kundidziwitsa zakulera andidziwitse ndani? Azaumoyo timakunyadilani pantchito yomwe mmwagwila yothandiza zachinyamata pa nkhani yaubereki, Mumakwana. 	<ul style="list-style-type: none"> Social media Music Community theatre performances
	<p>Parents are not opening up to children and</p>	<ul style="list-style-type: none"> To highlight the benefits of open SRHR discussions 	<ul style="list-style-type: none"> Makolo, musandiphele ufulu chifukwa ndine wachinyamata, 	<ul style="list-style-type: none"> Social media Music



	discussing issues on SRHR	within between parents and children	<p>ndiloreni ndidziwe njira za kulera ndi nkhani zogonana.</p> <ul style="list-style-type: none"> • Makolo timasukile ana pa nkhani za ubereki ndi kugonanana. • Makolo tikhale tcheru pa zomwe ana athu akuonera pa lamy/kanema. 	<ul style="list-style-type: none"> • Community theatre performances
Teen and early pregnancies	Peer pressure	<ul style="list-style-type: none"> • To encourage young people to make informed decisions about their SRHR, emphasizing personal values and the benefits of resisting peer pressure. 	<ul style="list-style-type: none"> • Khalani ochenjera, tisazunzitse katundu chifukwa cha iPhone • Afana oganiza bho sangalore kutenga mimba ndi matenda opatsilana pogonana chifukwa cha zinjoyi. 	<ul style="list-style-type: none"> • Social media • Music • Community theatre performances •



		<ul style="list-style-type: none"> ● To empower youth to resist the influence of negative peer pressure. 	<ul style="list-style-type: none"> ● wachinyamata ganiza mwanzeru/bwino, nzako asakuonongere tsogolo lako. ● Siiwe kape chita zomwe zingakukonzere tsogolo labwino osati zomwe ena akuchita. 	
	<p>Obtaining information from unreliable sources</p>	<ul style="list-style-type: none"> ● To create demand for hospitals as a source of accurate and reliable information. 	<ul style="list-style-type: none"> ● Tidziwe njira zakulera, tiyeni tiziteteze ku mimba zosayembekezera. ● Maguye tisatengeke ndi zokamba za anthu, Tipite ku chipatala kuti tikamve uphungu weniweni wa zauyomo ndi ubereki. 	<ul style="list-style-type: none"> ●



	<p>Lack of knowledge on preventive measures for teenage pregnancies</p>	<ul style="list-style-type: none"> ● To raise among AYP on various preventive measures for teenage pregnancies, including contraception methods and safe sex practices. 	<ul style="list-style-type: none"> ● Kodi tikudziwa za njira zodzitetzera kumimba zosayembekezela? Tifunse a zaumoyo mdera mwathu. ● njira zopewela mimba ndi mpweche adha. kunsu achopatala akuthoka ngamo ● kondomu ija osaiphweketsa adha tchenani kuti mupewe mimba komanso matenda opatsirana pogonana. ● Maguye tiyaze zenizeni zakulera, tiyeni tidziwe njira zodzitetzela ku mimba zosayembekezela. 	<ul style="list-style-type: none"> ●
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	<p>Lack of proper information and knowledge on teen and early pregnancy issues</p>	<ul style="list-style-type: none"> To provide information on the risks and consequences of teen and early pregnancies, tailored to the needs and understanding of young people. 	<ul style="list-style-type: none"> Adindo tidziwitseni achinyamata za njira zakulera, kuti titetezeke ku mimba zosayembekezera. 	<ul style="list-style-type: none"> Social media Music Community theatre performances
	<p>Attitudes of health clinicians and officials toward people seeking health services</p>	<ul style="list-style-type: none"> To foster compassionate, respectful, and non-judgmental attitudes towards all youths seeking family planning services. 	<ul style="list-style-type: none"> achinyamata muli olandilidwa kubwela muzipatala kudzalandila thandizo lokhudza ubereki, ndipo muzathandizidwa moyenela. 	<ul style="list-style-type: none"> Social media Music Community theatre performances
	<p>Attitudes that people in the community have towards the treatment they will receive in government hospitals</p>	<ul style="list-style-type: none"> To build community trust and positive perceptions of public healthcare. 	<ul style="list-style-type: none"> Wachinyamata ovaya amapita kukatenga thandizo la ubereki kuchipatala. Kandimvelele anakanena zammaluwa: 	<ul style="list-style-type: none"> Social media Music Community theatre performances



			<p>tisanamizike ndi zomwe ena akunena, azaumoyo ndi akadaulo pankhani ya zaumoyo tiapeze kuti tikalandile uphungu oyenela.</p> <ul style="list-style-type: none"> • Azaumoyo ndi a kadaulo pa nkhani yophunzitsa za a umoyo, kugonana ndi ubeleki tiyeni tiwamvere. 	
	<p>People engage in unprotected sex due to poverty.</p>	<ul style="list-style-type: none"> • To ensure that poverty does not hinder safe sex practices. • To emphasise the long-term benefits of using protection. 	<ul style="list-style-type: none"> • Afana oyaza ngini amagwiritsa ntchito makondomu kuti asatrape mimba. • Umphawi wanga usakhale njira kuti mundigone. 	<ul style="list-style-type: none"> • Social media • Music • Community theatre performances •



			<ul style="list-style-type: none"> • Ndithandizeni ndi zolinga zabwino, osati kuti muone pothera mwendo wanga. • Umphawi sichifukwa chotengela mimba yosayembekezela, ziletseni, zabwino zili mtsogolo 	
	<p>Segregation towards people who have given birth and are back to school</p>	<ul style="list-style-type: none"> • To promote an inclusive and supportive school environment for teen and adolescent mothers. • To demonstrate that returning to school after childbirth is both achievable and beneficial. 	<ul style="list-style-type: none"> • Phusha msungwana, kukhala ndi mwana sichifukwa chisiila geri tiye ukakonze tsogolo. • Sine oyamba, amzanga nawo anaphusha geri mkuiphula ngakhale anatenga mimba akadali pasukulu. • Adindo tiyeni tisasekelele onse osala asungwana 	<ul style="list-style-type: none"> • Social media • Music • Community theatre performances •



			omwe abwelera kusukulu atabeleka popereka zilango zokhwima.	
	Complications due to abortions	<ul style="list-style-type: none"> To raise awareness of the complications of unsafe abortion 	<ul style="list-style-type: none"> Kuchotsa mimba chisawawa ndikoopsa, pewani mchitidwewu. Moyo ndi kamodzi, tisachotse mimba mwachisawawa. 	<ul style="list-style-type: none"> Social media Music Community theatre performances
	Drug and substance abuse	<ul style="list-style-type: none"> To raise awareness among young people about the dangers of drug and substance abuse, particularly in relation to their SRHR and teen pregnancies. 	<ul style="list-style-type: none"> Zigwireni! Mowa kapena chamba chisakhale chifukwa chokuti mutengera mwayi pathupi langa, Phakani life koma moyo ndi wanu samalani. 	<ul style="list-style-type: none"> Social media Music Community theatre performances
	Increased instances of intergeneration sex	<ul style="list-style-type: none"> To inform young people about the risks of intergenerational sex, 	<ul style="list-style-type: none"> Inde ali ndi kashi koma ndi msinkhu wa makolo ako, 	<ul style="list-style-type: none"> Social media Music



		<p>emphasizing the importance of age-appropriate relationships.</p>	<p>apatse ulemu osati thupi lako.</p> <ul style="list-style-type: none"> Osathamangira kupha yophaipha khala ndi wachikondi wa saizi yako olo alibe ndalama, zabwino zili mtsogolo Inde ngini sili nyatwa koma, kugonana ndi munthu wankulu kusaka khusa si dhilu, tetezani moyo wanu 	<ul style="list-style-type: none"> Community theatre performances
	Engaging in unprotected sex	<ul style="list-style-type: none"> To emphasize the importance of using protection during sex, highlighting the risks of STIs and unintended pregnancies. To advocate for the widespread availability and 	<ul style="list-style-type: none"> PrEP plus Kondom basitu watetezeka Dolo amatchena, Tikhale achinyamata a look sharp po ntchena condom moyenelera nthawi zonse Adindo tinesetse kuti mauthenga komaso ngira 	<ul style="list-style-type: none"> Social media Music Community theatre performances



		<p>accessibility of contraceptives, ensuring that individuals can easily obtain the protection they need.</p>	<p>zakulera ndi za ubeleki zikupezeka mosavuta komaso mwachangu</p> <ul style="list-style-type: none"> • Ifeso kudziwa zenizeni zaumoyo, ubereki ndi kugonana timafuna kuti tipange ziganizo zoyenera. • Tiuzeni chonadi pa zaumoyo, kugonana ndi ubereki kuti tikhale otetezeka. 	
<p>Myths and Misconceptions on SRHR</p>	<p>Using contraceptives or family planning methods causes infertility</p>	<ul style="list-style-type: none"> • To debunk myths related to infertility among the AYP. 	<ul style="list-style-type: none"> • Ma guys osamangovomera zili zonse kumakhala achangamu/ojaka pa ubereki ndi kugonana. • Magaye tisaphweketse. kuzisamala ndiwekha. • Ndipo zoti kulera ndi deal ndi fact yodziwika bhobho. Tilele kuti 	<ul style="list-style-type: none"> • Social media • Music • Community theatre performances



			tidziteze kumimba zosayembekezela.	
	Cultural beliefs that family planning methods are for women only not the youth	<ul style="list-style-type: none"> To highlight the benefits and safety of family planning methods amongst AYP 	<ul style="list-style-type: none"> Osaphweketsa magaye tiyeni tikatrape kulera kuti tipewe mimba Kulera si kwa akazi kokha amuna nawo dziwani njira za kulera Afumu ndi atsogoleli tiyeni tilimbikitse anyamata ndi atsikana kukatenga njira za kulera Zosiyila kulela akazi kuti ndiwo azilera zaukape. Anyamata olingalira mwakuya matenga nawo mbali. 	<ul style="list-style-type: none"> Social media Music Community theatre performances



			<ul style="list-style-type: none"> • Sizakazi zokha izi nafenso amuna tamalera. • 	
Married women don't have to worry about getting pregnancies	<ul style="list-style-type: none"> • To stress the importance of joint decision-making in reproductive health among couples 	<ul style="list-style-type: none"> • Mutu umodzi suzenza denga, tiyeni tikhale pansi ngati banja nkupanga ziganizo zoyenera limodzi • Si udindo wa munthu mmodzi kuziteteza, tonse pa u bwenzi wathu titengepo gawo 	<ul style="list-style-type: none"> • Social media • Music • Community theatre performances 	
Only promiscuous women and clueless teenagers have unintended pregnancies	<ul style="list-style-type: none"> • To highlight that unintended pregnancies can happen to anyone, regardless of lifestyle or age, promoting empathy and understanding rather than judgment. 	<ul style="list-style-type: none"> • Kutenga mimba kulibe Udolo ngati sukudziletsa uli pachiospezo. Zisamaleni • Tisanamizane madolo eni eni amatenga kulera 	<ul style="list-style-type: none"> • Social media • Music • Community theatre performances 	



		<ul style="list-style-type: none"> To empower all individuals, including teenagers and adults, to make informed choices and prevent unintended pregnancies. 	<p>kuti asatenge mimba zosayembekezera.</p> <ul style="list-style-type: none"> Kulera siuhule, koma kusamala moyo. 	
SRHR and climate change (droughts, cholera, floods, coronavirus, rising of water level)	People are limited to SRHR services after natural disasters	<ul style="list-style-type: none"> To advocate for the continued provision of SRHR services during and after natural disasters, ensuring that resources and services remain accessible to affected populations. 	<ul style="list-style-type: none"> Kusintha kwa nyengo kusatiwalitse kutenga njira zakulera. Adindo musatitaye chifukwa tili kutali, tikondeni potitumizila njira za kulera 	<ul style="list-style-type: none"> Social media Music Community theatre performances
	Increased transactional sex and sex trafficking	<ul style="list-style-type: none"> To raise awareness about the risks and consequences of transactional sex and sex trafficking, 	<ul style="list-style-type: none"> Zopeweka tipewe, tiyeni tikitenge njira za kulera ndi uphungu wa 	<ul style="list-style-type: none"> Social media Music



		<ul style="list-style-type: none"> To promote preventive measures and support services for vulnerable youths, especially adolescent girls and young women. 	<p>uchembere posatengela kuti nyengo yomwe tili.</p> <ul style="list-style-type: none"> Musasinthanise thupi lanu ndi thandizo pamene mwagweredwa ndi ngozi zogwa mwadzidzidzi, kanenezeni amene akuchita zimenezi kwa adindo. Musatengere mwayi chifukwa choti achinyamata aonekeredwa ngozi zogwa mwadzidzidzi, athandizeni moyenera. Ndili ndi ufulu olandira thandizo la ubereki nthawi zonse posatengera kuti ndakhudzidwa ndi ngozi 	<ul style="list-style-type: none"> Community theatre performances
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			zogwa mwadzidzidzi, ndithandizeni moyenera.	
	Increased GBV issues in disaster-affected populations	<ul style="list-style-type: none"> To highlight the increased risk of gender-based violence (GBV) in disaster-affected populations, and the importance of integrating GBV prevention and response measures in disaster management plans. 	<ul style="list-style-type: none"> Musalore kuti ena akugonenei kuti akupatseni thandizo pamene mwaonekeredwa Ngozi zogwa mwadzidzi. Nenezani ochita izi kwa adindo omwe muli nawo pafupi. Ngati mdindo akutengera mwayi ogonana ndi anthu omwe agwledwa Ngozi zogwa mwa dzidzi akuchita nkhanza ameneyo, kamunenezeni. 	<ul style="list-style-type: none"> Community theatre performance Dialogue sessions.



<p>Youth participation in SRHR</p>	<p>Unequal power relation between the youths and adults</p>	<ul style="list-style-type: none"> ● to encourage platforms and initiatives that encourage open and respectful dialogue between youths and adults, aiming to reduce power imbalances and foster mutual understanding and cooperation on SRHR issues. ● to develop leadership and advocacy skills, enabling them to effectively engage with adults and influence decisions affecting their SRHR. 	<ul style="list-style-type: none"> ● zaka zanga sizichepetsa kaganizidwe kanga mverani mfuno zanga posatengera kuti ndine wachichepere kwainu ● Kusadziwa ndi kufa komwe, timasukileni pa nkhani za ubeleki nane ndikhale odzitsata ● Ndine dolo, dolo amadziwa kutsogolera komaso kulumikizana ndi atsogoleri popanga ziganizo ● uthenga samanana, zomwe nditikudziwa, tikawagailako ena nawo asasalire. 	<ul style="list-style-type: none"> ● Social media ● Music ● Community theatre performances
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	<p>Youths may fear negative consequences, such as harassment, discrimination or punishment if they openly advocate for SRHR.</p>	<ul style="list-style-type: none"> To promote the creation of safe and supportive environments where youths can advocate for SRHR without fear of harassment, discrimination, or punishment, including clear policies and protection measures. To emphasize the value and importance of youth perspectives in SRHR advocacy, encouraging communities and stakeholders to support and protect young advocates. 	<ul style="list-style-type: none"> Kupewa kuposa kuchiza, Tisiyeni tiyankhule zokhuza ubeleki mopanda mantha Ndi ufulu wanthu kuziwitsa ena za ubeleki, tiyeni tikambirane mopanda mantha 	<ul style="list-style-type: none"> Social media Music Community theatre performances
	<p>Tokenistic engagement of youth in decision-making</p>	<ul style="list-style-type: none"> to advocate for the meaningful involvement of youth in SRHR decision- 	<ul style="list-style-type: none"> Stand up, speak out, and make your voice heard 	<ul style="list-style-type: none"> Social media Music



		making processes, ensuring their voices are heard and considered in policy and program development..	<ul style="list-style-type: none"> ● Real Impact, Real Involvement: Youth in SRHR Leadership 	<ul style="list-style-type: none"> ● Community theatre performances
	Perceptions of the older generation on the youth as a spoilt generation.	<ul style="list-style-type: none"> ● to highlight and celebrate the positive contributions and achievements of young people in the SRHR space, challenging negative stereotypes and fostering a more supportive perception from the older generation. 	<ul style="list-style-type: none"> ● Mawa silitha ndipatseni otsogoleri lero. ● Tisadikile mawa tiwapatse utsogoleri lero. ● Mudziwa bwanji kuthekera kwanga mukundikhomelera? ndipatseni mpata muone zomwe ndimatha. 	<ul style="list-style-type: none"> ● Social media ● Music ● Community theatre performances
	Lack of awareness of their role as youths in the SRHR space	<ul style="list-style-type: none"> ● To highlight the critical role and contributions of youth in the SRHR space, showcasing examples of 	<ul style="list-style-type: none"> ● Achinyamata ali ndi ufulu kutenga nawo gawo pankhani zokhuza kugonana komaso ubereki. 	<ul style="list-style-type: none"> ● Social media ● Music ● Community theatre performances



		<p>youth-led initiatives and their impact.</p>		
<p>HIV AND AIDS</p>	<p>Lack of awareness and education, inadequate sex education and HIV awareness programs can leave youths uninformed about risks and prevention methods for HIV.</p>	<ul style="list-style-type: none"> To promote the provision of accurate and relevant information about risks and prevention methods for HIV. 	<ul style="list-style-type: none"> Umphawi usatipangise kutenga kachirombo ka HIV, tiziteteze. Dolo amaiwonela game patali potsata njira zozitetedzera kukachirombo ka HIV. Timasukirane ndi azaumoyo kuti tipeze uthenga woyenera okhudzana ndikachirombo ka HIV ndi matenda a Edzi. 	<ul style="list-style-type: none"> Social media Music Community theatre performances



	<p>Peer pressure and social norms where young people may feel pressure from peers to engage in risky behaviours such as unprotected sex or drug use.</p>	<ul style="list-style-type: none"> To promote positive peer influence, foster supportive networks where young people can share experiences and encourage safe sexual behaviours. 	<ul style="list-style-type: none"> Wachinyamata oganiza bho amapanga yekha chiganizo chodzitetedza ku HIV 	<ul style="list-style-type: none"> Social media Music Community theatre performances
	<p>Stigma and discrimination surrounding HIV and AIDS can prevent youth from seeking testing and treatment, increasing the risk of transmission.</p>	<ul style="list-style-type: none"> To challenge stigma and discrimination surrounding HIV and AIDS, promote acceptance and understanding of youths living positively within communities. To encourage youth to seek HIV testing and treatment, emphasizing confidentiality, non-judgmental care, and the 	<ul style="list-style-type: none"> Mnyamata ovaya amadziwa momwe nthupi mwake mulili. Zinjoyi zimafilika ukudziwa mmene mthupi mwako mulili, kayezeni magazi. Madolo amagwiritsa ntchito condom, PEP, PrEP 	<ul style="list-style-type: none"> Social media Music Community theatre performances



		benefits of early intervention.	pofuna kudzitetedza ku kachiroombo ka HIV.	
	<p>Limited access and knowledge to preventive measures such as condoms and pre-exposure prophylaxis (prep), which are preventive tools.</p>	<ul style="list-style-type: none"> ● to advocate for and support initiatives that increase the availability and accessibility of condoms, pre-exposure prophylaxis (PrEP), and other preventive measures for HIV among youth. ● To create demand for condoms, pre-exposure prophylaxis (PrEP), and other preventive measures for HIV among youth. 	<ul style="list-style-type: none"> ● Wachinyamata otsogola amagwiritsa ntchito condom, PEP, PrEP pofuna kudzitetedza ku kachiroombo ka HIV. ● Imwani PEP ngati mwagonana mosadziteteza ndi munthu oti simukudziwa za mthupi mwake. ● Ndizotheka mwana kubadwa opanda kachiroombo ka HIV ngakhale mayi ali ndi HIV, 	<ul style="list-style-type: none"> ● Social media ● Music ● Community theatre performances



			funsani azaumoyo kuti mudziwe zambiri.	
	Increased youths engaging in unprotected sexual intercourse	<ul style="list-style-type: none"> To raise awareness on the importance of safe sex practices, including the consistent and correct use of condoms, to prevent sexually transmitted infections (STIs) and unintended pregnancies, and HIV/AIDS. 	<ul style="list-style-type: none"> kumatchena ma guy, kunjaku kunoopsa. ukangotchena basitu wapewa mimba, matenda opatsilana pogonana komanso kachiroambo ka HIV. Valani kondomu nthawi zonse. 	<ul style="list-style-type: none"> Social media Music Community theatre performances
	Increased instances of intergenerational sex	<ul style="list-style-type: none"> To educate youth about the risks and consequences associated with intergenerational sex, emphasizing the importance of informed 	<ul style="list-style-type: none"> Adindo tengani mbali pofalitsa uthenga oyenerera okhudza za kachiroambo ka HIV. 	<ul style="list-style-type: none"> Social media Music Community theatre performances



		<p>and consensual relationships.</p> <ul style="list-style-type: none"> To promote healthy relationships and empower youth to make informed choices, providing them with the skills and confidence to avoid exploitative or coercive situations. 	<ul style="list-style-type: none"> Mablesser zawo anapanga kale ganiza za tsogolo lako, pewa ziteteze. ngati sukudziletsa ukanikilanjinsu kuyuza ngosha? ukondeni moyo wanu magaye. ngati mmakondana mutetezana popanga chisankho choziteza kukachiroambo ka HIV nthawi zonse. 	
Sexual and gender-based violence	Lack of knowledge on the effects of sexual and gender-based violence	<ul style="list-style-type: none"> To explain the physical, emotional, and social impacts of sexual and gender-based violence, using various media platforms to reach diverse audiences. 	<ul style="list-style-type: none"> Banja tisalipeputse, tiyeni tilemekezane, tikondane, timvetsetsane 	<ul style="list-style-type: none"> Social media Music Community theatre performances



		<ul style="list-style-type: none"> To educate individuals about the effects of SGBV, and encourage open conversations and shared learning experiences. 	<ul style="list-style-type: none"> Kugonana ndi mwana ndi mlandu, tiyeni tipewe mchitidwe ogwilirira Atsogoleri ndi udindo wathu kuphunzitsa achinyamata za nkhanza za pogonana. 	
	Increased instances of intimate partner violence	<ul style="list-style-type: none"> To identify and foster healthy relationship behaviors, teaching conflict resolution skills, and recognizing the signs of intimate partner violence. To encourage victims and witnesses to report intimate partner violence, providing information on available 	<ul style="list-style-type: none"> Being a man does not make you dominant, treat women as equals. ndizabho mkaazi kukana kugona nafe tisakakamize ngini 	<ul style="list-style-type: none"> Social media Music Community theatre performances



		<p>support services and resources to ensure they receive the help they need.</p>	<ul style="list-style-type: none"> • ndizabhobho mamuna kukana kugona nafe tisakakamize ngini. • Kukakamiza kugonana ndi mkazi sichamuna. • Ndikati “ayi!” Ndekuti ndakana, musandikakamize kugonana nane. 	
	<p>Limited access to services by survivors of SGBV</p>	<ul style="list-style-type: none"> • To raise awareness of of the availability SGBV services, including healthcare, counseling, legal support. • 	<ul style="list-style-type: none"> • usasekelera zofoila ngati wakugwilira kaneneni ku police yomwe muli nayo pafupi. • Adindo tikhazikitse ndondomeko zoyenera zothandiza anthu omwe achitiridwa nkhanza. 	<ul style="list-style-type: none"> • Social media • Music • Community theatre performances



			<ul style="list-style-type: none"> • Adindo tithetse nkhanza za pogonana, khazikitsani ndondomeko zoyenera. • 	
	Victim blaming and stigma.	<ul style="list-style-type: none"> • to challenge victim-blaming attitudes and myths, promoting empathy, understanding, and support for survivors of SGBV. 	<ul style="list-style-type: none"> • No one deserves to be judged, let's stop blaming victims to supporting them. • zovala zanga zisakhale chifukwa chondigwilira zilemekeni. 	<ul style="list-style-type: none"> • Social media • Music • Community theatre performances
	<ul style="list-style-type: none"> • Sexually transmitted grades 	<ul style="list-style-type: none"> • To raise awareness among students, educators, and parents about the issue of sexually transmitted grades, explaining its impact on academic 	<ul style="list-style-type: none"> • Musasinthanise katundu ndi malikisi, ndipatseni malikisi malingana ndi m'mutu mwanga. 	<ul style="list-style-type: none"> • Social media • Music • Community theatre performances



		<p>integrity and student well-being.</p> <ul style="list-style-type: none">• To encourage students to report instances of sexually transmitted grades, providing information about confidential reporting mechanisms and available support services.	<ul style="list-style-type: none">• Say no to sexually transmitted grades.• adindo onetsetsani kuti ana athu akutetezeka ku atamwali onse ofuna kugonana ndi ana athu kuti awapatse malikisi abodza.• kugonana ndi mwana wasukulu ndi mlandu. nenezani onse ochita izi kwa adindo kapena ku police.	
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